

Scale of Diet—Hospital.

Articles of Diet.	Monday.		Tuesday.		Wednesday.		Thursday.		Friday.		Saturday.		Sunday.	
	oz.	dr.	oz.	dr.	oz.	dr.	oz.	dr.	oz.	dr.	oz.	dr.	oz.	dr.
Rice ...	20	...	20	...	20	...	20	...	20	...	20	...	20	...
Ragi ...	...	...	...	...	...	...	...	...	...	...	...	...	...	...
Dal or ballar ...	3	...	2	...	3	...	2	...	3	...	2	...	3	...
Meat (with bones) ...	...	...	3	...	...	...	3	...	...	...	3	...	...	...
Tyre ...	...	...	8	...	...	...	8	...	...	...	8	...	...	...
Gingelly oil ...	...	...	4	...	...	...	4	...	...	...	4	...	...	4
Ghee ...	...	4	...	...	...	4	...	...	...	4	...	...	...	...
Tamarind ...	...	8	...	8	...	8	...	8	...	8	...	8	...	8
Salt ...	...	10	...	10	...	10	...	10	...	10	...	10	...	10
Curry powder ...	...	6	...	6	...	6	...	6	...	6	...	6	...	6
Onions ...	...	8	...	8	...	8	...	8	...	8	...	8	...	8
Garlic ...	...	1	...	1	...	1	...	1	...	1	...	1	...	1
Vegetables ...	4	...	4	...	4	...	4	...	4	...	4	...	4	...
Firewood ...	...	...	...	...	...	...	...	...	...	...	...	...	...	...

1½ or two lbs. daily.

Men who do not eat meat to get 3 ozs. of dal, 8 ozs. of tyre and 4 dr. of ghee on meat days.

Articles comprising the different head of diets per day for sick in Jail Hospital in cases where they are absolutely required.

Spoon.			Milk.			Low.			Full.		
Sagu ...	4 oz.	Bread ...	12 oz.	Mutton in broth ...	6 oz.	Mutton for curry ...	8 oz.				
Sugar ...	2 "	Rice ...	12 "	Bread ...	12 "	Rice ...	8 "				
Milk ...	6 "	Milk ...	2 pts.	Butter or ghee ...	1 "	Curry powder ...	½ "				
Rice ...	2 "	Sugar ...	2 oz.	Onions ...	1 "	Country vegetables ...	4 "				
Salt ...	2 dr.	Rice for cunjee ...	2 "	Flour ...	½ "	Hoppers ...	6 No.				
		Salt ...	2 dr.	Salt ...	1 "	Butter or ghee ...	1 oz				
						Salt ...	1 "				

A. RANGASAMAIENGAR,
Supt., District Jail.

TUMKUR DISTRICT.

The 8th. November 1880.

NOTICE UNDER SECTION 354 OF THE CODE OF CIVIL PROCEDURE.

It is hereby declared that the undermentioned person is an insolvent and as such entitled to the benefit of the provisions of Chapter XX of the Code of Civil Procedure, and it is ordered that the said insolvent be and is hereby discharged from custody and from all liability to be arrested or imprisoned in respect of any of the debts mentioned in the schedule filed with records of the case concerned.

Kumbar Siddappa ..

In Insolvent Case No. 12 of 1880.

E. CHITAMBRAM IYER, *Sub-Judge.*

MYSORE DISTRICT.

The 23rd November 1880.

NOTICE UNDER SECTION 354 OF THE CODE OF CIVIL PROCEDURE.

It is hereby declared that the undermentioned person is an insolvent and as such entitled to the benefit of the provisions of Chapter XX of the Code of Civil Procedure, and it is ordered that the said insolvent be and is hereby discharged from custody and from all liability to be arrested or imprisoned in respect of any of the debts mentioned in the schedule filed with the records of the case.

Nanja Shetti ..

In Insolvent Case No. 15 of 1880.

T. NARAHARI RAO, *Sub-Judge.*